

December



BETHESDA GARDENS

a Bethesda Senior Living Community

Assisted Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Resident Birthdays Bob Loudermilk 12/1 Kay English 12/20 Edith Rausch 12/23 Barb Hamilton 12/24	Staff Birthdays Emily King 12/14 Jacci Stewart 12/23 Mindy Everett 12/27 Robin Healey 12/30	Red = Guest Performer or Visitors Blue = Outside Trip Green = Special	Sign up for Trips and Visits in the Activity Room - All Activities Subject To Change	FAMILIES: RSVP to Family Holiday Buffet on 12/8		1 10:30 Exercise 12:45 BINGO 2:30 Cookies and Coffee 3:30 Manicures
2 10:30 Exercise 11:00 Shut the Box 1:00 Name 10 Game 2:00 Cowboy Church 2:30 Donuts	3 10:30 Exercise Class 11:00 Penny Ante 1:00 Bowling 2:00 The Worthington's Music 2:30 Popcorn	4 10:30 Exercise 11:00 Kings in a Corner 1:00 Wheel of Fortune with Denise from Heartland 2:30 Cracker Treats	5 10:30 Exercise 11:00 Trivia 1:00 Balloon Toss 2:30 Hot Cocoa and Christmas Cookies	6 10:30 Exercise 11:00 Who/What/Where 1:30 Dough DeBaun 2:30 Chip Variety Snack 3:30 UNO 7:00 Bible Study	7 10:30 Exercise 11:00 LCR 12:45 Joy Ride 2:30 Ice Cream Treats	8 10:30 Exercise 12:45 BINGO 2:30 Cookies and Coffee 3:30 Manicures
9 10:30 Exercise 11:00 City/State Game 1:00 Christmas Craft 2:00 Greek Orthodox Church 2:30 Donuts	10 10:30 Exercise 11:00 Euchre Club 1:00 Kings in a Corner 2:30 Popcorn	11 10:30 Exercise 11:00 Hangman Game 2:30 Cracker Treats 3:00 Circuit Rider's Trio	12 10:30 Exercise 1:00 Resident Council Meeting 2:00 Country Charm Music 2:30 Hot Cocoa and Christmas Cookies	13 10:30 Exercise 11:00 Balloon Toss 1:30 Legacy Bday Party 2:30 Chip Variety Snack 3:30 Kings in a Corner 7:00 Bible Study	14 10:30 Exercise 11:00 Name 10 Game 1:00 Daily Bread Reading 2:30 Ice Cream Treats	15 10:30 Exercise 12:45 BINGO 2:30 Cookies and Coffee 3:30 Manicures
16 10:30 Exercise 11:00 Finish the Phrase 1:00 Christmas Craft 2:00 Church Service 2:30 Donuts	17 10:30 Exercise 11:00 LCR 1:00 Bob Warn Music 2:30 Popcorn	18 10:30 Exercise 1:30 Mirage Music 2:30 Cracker Treats 5:00-7:00 Christmas Open House	19 10:30 Exercise 1:00 Finish the Phrase 2:30 Hot Cocoa and Christmas Cookies 6:00 Christmas Lights at Deming Park	20 10:30 Exercise 1:00 Penny Ante 2:30 Chip Variety Snack 7:00 Bible Study	21 10:30 Exercise 11:00 Shut the Box 12:45 Joy Ride 2:00 Oregon Church Singers 2:30 Ice Cream Treats	22 10:30 Exercise 12:45 BINGO 2:30 Cookies and Coffee 3:30 Manicures
23 10:30 Exercise 11:00 Tic Tac Toe Toss 1:00 Christmas Craft 2:00 Church with Keith and Judy 2:30 Donuts	24 10:30 Exercise 11:00 Euchre Club 2:30 Gingerbread Cookies 3:30 Write a Letter to Santa	25 10:30 Exercise 12:45 BINGO 2:30 Cracker Treats 3:30 Christmas Karaoke	26 10:30 Exercise 11:00 Balloon Toss 1:00 Dominoes 2:30 Hot Cocoa and Christmas Cookies	27 10:30 Exercise 11:00 Hangman Game 2:30 Chip Variety Snack 3:30 Bowling 7:00 Bible Study	28 10:30 Exercise 11:00 Crazy 8s 1:00 LCR 2:30 Ice Cream Treats	29 10:30 Exercise 12:45 BINGO 2:30 Cookies and Coffee 3:30 Manicures
30 10:30 Exercise 12:45 Kings in a Corner 2:00 Church Service 2:30 Donuts	31 10:30 Exercise 11:00 Name 10 Game 12:45 Joy Ride 2:30 Popcorn 3:30 December Trivia 6:00 New Years Craft					